



# PE long Term planning



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	TRAVELLING WITH CONFIDENCE AND EXPERIMENTS WITH DIFFERENT WAYS OF MOVING (LOCOMOTION)	SENDING, RECEIVING AND KICKING (MANIPULATION)	JUMPING, BALANCE AND CLIMBING EQUIPMENT (STABALISATION)	NEGOTIATING SPACE ADJUSTING SPEED OR DIRECTION (AGILITY MADE UP FROM LOCOMOTION, MANIPULATION AND STABALISATION)	RUNNING AND JUMPING	DANCE
Yr 1/2	DANCE	SENDING AND RECEIVING	GYMNASTICS	FUNDAMENTAL MOVEMENT SKILLS	NET AND WALL	RUNNING AND JUMPING
Yr 3/4	DANCE	SENDING AND RECEIVING	GYMNASTICS	OAA (LINKED TO COMMANDO JOES)	NET AND WALL	RUNNING AND JUMPING
Yr 5/6	DANCE	SENDING AND RECEIVING	GYMNASTICS	OAA (LINKED TO COMMANDO JOES)	NET AND WALL	RUNNING AND JUMPING



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Through all lessons Skill Based Fundamental  
throughout the year Approach Movement Skills

Throughout the year classes will also be taking part in outdoor and adventurous activity challenges both individually and within a team.

## Autumn Term

Tuesday Dance, Gymnastic and Fundamental Movement Skills with Sophie (All Star Productions)	All year groups
Tuesday Mornings	Beach School (With South Shields Surf School, Nick Jones) at Cambois Beach. Year 1 + 2 Autumn 1 Year 3 + 4 Autumn 2
Thursday Mornings Water sports with South Shields Surf School	<b>Year5/6</b> 1 <sup>st</sup> Half Term – Surfing and Water sports at South Shields surf school. Starts again in Spring 2 term.
Clarty Commandos	EYFS/Year 1/Year2/Year3/Year4 all to go on this trip.



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Swimming	All years will take part in swimming each week for Autumn 1 and 2.
Cricket	Northumberland Cricket Board Coaching: Wednesday's with Year 3, 4, 5 and 6. Autumn 1
Cycling	Learn to Glide: Ian from Bone Desert Cycling works with EYFS – Year 6 children once a week.

## Spring Term

Tuesday Performing Arts with Sophie	All year groups
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Friday Commando Joes	All children to receive one hour of Commando Joes per week from all staff who are fully trained specialists. Commando Joes sessions will relate to OAA and topics studied within each year groups curriculum.
Thursday Afternoon Swimming	Swimming all term

## Summer Term

Tuesday Performing Arts with Sophie	All year groups
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Swimming Thursday	Swimming All term
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