

Learning Together at Home eMagazine Supplement Autumn 2020

Information for parents and carers of children from birth to 5 years in Northumberland to support their learning at home



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Dear parents and carers,

We know that parents and carers are the first and most important educator in a child's life. We also know that coming up with new ideas for supporting your child's learning at home can sometimes prove a challenge, especially when children have been spending long periods of time at home – as they have done recently! To help you with this, Northumberland Early Years team have put together some ideas for simple, play-based activities which you can try together at home.

Kind regards, The Early Years Team

Home

is where the journey begins...

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Autumnal activities for learning together at home



Go for a walk in the park jump in puddles, kick the leaves, collect the leaves, throw them in the air



Build a den



Make soup together (see recipe page)





Make a kite with a paper bag and string and try flying it on a windy day.



Get wrapped up for a walk to a local wood or beach. Take a flask of hot chocolate drink for an outdoor picnic.



Look for autumn treasures on a scavenger hunt. How many of each object can you find?



Collect autumn leaves and make an autumn picture with them.



The Northumberland Early Years Team have developed an app for parents to support them with ideas of things they can do at home to support their child's learning throughout the school readiness journey. The app can by found by scanning the QR code below.

QR Code for Android Users:





QR Code for Apple Users:



Or Search: https://play.google.com/store/apps/details?id=co.uk.shooflypublishing.nccpassport for android users or https://apps.apple.com/us/app/how-i-learn/id1341741580?ls=1 for apple devices.

TOP TIPS FOR USING THE APP

- The app is not designed to be used by children independently. It is there to give parents ideas of activities they can do at home.
- Make sure you click the 'tips' section at the bottom of each activity for further information or ideas.
- The book reading videos are not intended as a replacement for sharing stories - no app can replace sharing stories together!
- Please watch this <u>video</u> to get started!

Click on the <u>link</u> for even more ideas for supporting your child's learning at home!



Food for the soul - delicious recipes to make together with your little one...



Leek & Potato Soup

3 Leeks, Medium Sized (480g)

5 Potatoes, Medium Sized (425g)

2 Vegetable Stock Cubes, Reduced Salt (14g) Water (1.2L)

1 Pinch Ground Black Pepper (1g)

Method

- 1. Wash the leeks and potatoes and peel the potatoes.
- 2. Chop leeks and potatoes into bite size pieces.
- 3. Dissolve the stock cubes in the water.
- 4. Put the chopped vegetables into a large saucepan with the stock and bring to boil.
- 5. Reduce the heat, season with pepper and simmer for 20 minutes.

Apple Crumble

115g Self-raising flour115g Butter100g Granulated sugar3 medium cooking (Bramley) applesRaisins

Method

- 1. Preheat the oven to 170C fan (190C, gas mark 5)
- 2. Get your toddler to measure the dry ingredients (115g flour, 115g sugar) into a small bowl using a spoon.
- 3. Chop the butter (115g) into pieces before adding it to the bowl your toddler may be able to help with this if it's soft enough.
- 4. Mix together the butter, flour and sugar until you have a fine breadcrumb
- 5. Peel, core and chop the apples add to dish.
- 6. If you like you can sprinkle over some raisins, or you could add mixed spice, cinnamon, blueberries etc.
- 7. Pour over the crumble mix and bake for 35 40 mins



"The more you read the more that you earn the more Daces you'll go." -Dr. Seuss

Here are some suggested stories to share with your child this autumn. If you don't have the books don't worry. Northumberland libraries offer a great range of books to loan. If you can't get along to your local library, try the new 'borrowbox' system where you can access lots of books online and for FREE! Click on the <u>link</u> for more information and to register online.

Autumn stories...

The Seasons Come and the Seasons Go - Patricia Hegarty

Autumn - Ailie Busby

That's Not My Bat - Fiona Watt

The Leaf Thief - Alice Hemming

5 Little Pumpkins - Ben Mantle

Follow the Swallow - Julia Donaldson

Room on the Broom - Julia Donaldson

How can sharing stories help your child?

Develops your child's language skills

Provides special bonding time for you and your child

Help your child feel more relaxed

Boost your child's confidence

Encourage your child to draw and write

Give your child a head start in life